



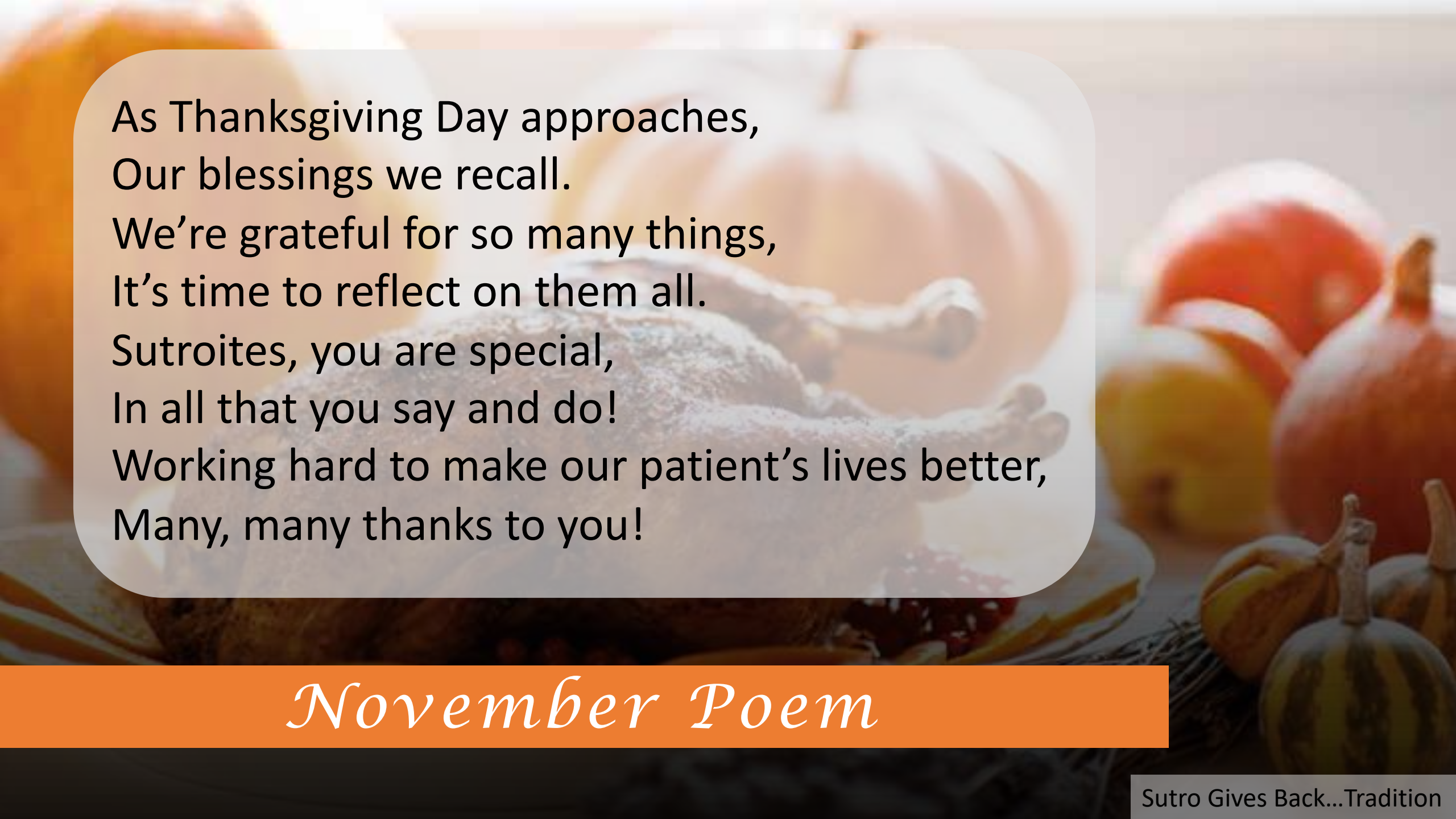
Sutro DEIB November 2022 Newsletter

The Sutro DEIB team is proud to share its November 2022 Newsletter! As always, we'd like to showcase the core values of our commitment to diversity, equity, inclusion and belonging.

Newsletters are available on our website at: <https://www.sutro.bio.com/deib-newsletter/>



Native American Heritage Month



As Thanksgiving Day approaches,
Our blessings we recall.
We're grateful for so many things,
It's time to reflect on them all.
Sutroites, you are special,
In all that you say and do!
Working hard to make our patient's lives better,
Many, many thanks to you!

November Poem

November 2nd All Souls' Day/Día de los Muertos

The multi-day holiday involves family and friends gathering to pay respects and to remember friends and family members who have died. These celebrations can take a humorous tone, as celebrants remember funny events and anecdotes about the departed.





November 6th Daylight Saving Time Ends

November 8th Election Day

Election Day is observed on the first Tuesday after the first Monday in November, taking place on November 8 this year. We'll be electing many of our elected officials, at the federal, state, and local levels.

**“Someone struggled
for your right to
vote. Use it.”**

-SUSAN B. ANTHONY





November 8th
National STEM Day

It's undebatable that children are significantly better off with strong science, technology, engineering, art, and mathematical skills! This is why we at Sutro celebrate STEM/STEAM Day on November 8th and continue supporting the education of students pursuing these important subjects and careers!



November 10th
Science Day for Peace
& Development

Highlights the significant role of science in society and the need to engage the wider public in debates on emerging scientific issues.

An American flag is draped diagonally across the frame, with its red and white stripes on the left and its blue field with white stars on the right. The flag is set against a dark, textured background.

November 11th
Veterans Day

THANK YOU,
VETERANS

November 13th World Kindness Day

Promotes the importance of being kind to each other, to yourself, and to the world. The purpose of this day is to help everyone understand that compassion for others is what binds us all together.





AMERICA



RECYCLES DAY

NOVEMBER 15

Established in 1997, America Recycles Day (ARD) seeks to 'Keep America Beautiful' by promoting recycling. Through a network of organizations, ARD works to establish a national movement by encouraging people to take a pledge to recycle!

November
16th
Dutch
American
Heritage Day



NOVEMBER 16

INTERNATIONAL DAY FOR

TOLERANCE

A day that seeks to promote tolerance, respect, appreciation and cooperation amongst the world's different cultures. Tolerance refers to the recognition and acceptance of looks, opinions, beliefs and practices that differ from one's own.





November 19th International Men's Day

Celebrates worldwide the positive value men bring to the world, their families and communities. We highlight positive role models and raise awareness of men's well-being. Our theme for 2022 is "Helping Men and Boys".

November 20th Trans Day of Remembrance

This day seeks to honor the memory of victims that lost their lives due to anti-transgender violence. The aim is to raise awareness about the issues that the transgender community faces.



Trans Day Of Remembrance



November 20th Universal Children's Day

Investing in our future means investing in our children – which is why the United Nations has designated every November 20 as Universal Children's Day. It's a time to promote togetherness around the world, awareness of the problems children face in every corner of the globe and improve the welfare for all children.

November 22nd
Lebanon
Independence Day





 Happy 
Thanksgiving
 November 24th 

November 25th International Day for the Elimination of Violence Against Women

Women's rights activists have observed 25 November as a day against gender-based violence since 1981. The objective behind celebrating the day is to eliminate and prevent violence against women and girls.



November 29th Giving Tuesday

National Day of Giving, also known as Giving Tuesday or Global Day of Giving follows three major shopping days: Black Friday, Small Business Saturday, and Cyber Monday. It is created to unleash the power of radical generosity by giving to those in need or charities.



NOVEMBER FUN FACTS

Nov 17, 1493
Christopher
Columbus lands
on Puerto Rico

Nov 8, 1895
While
experimenting
with electricity,
Wilhelm
Röntgen discov
ers the X-ray

Nov 18, 1963
The first push-
button telephone
goes into service

Nov 23, 1889
Thomas
Edison files a
patent for the
Optical
Phonograph (the
first movie)

Nov 29, 1910
The first US patent
for inventing the
traffic lights system
is issued to Ernest
Sirrine

Nov 9, 1994
The chemical
element Darmstadtium
is discovered

November Flower Peonies

This layered beauty is a flower that can stand alone, its large overlapping petals create a fuller bouquet. Peonies are beautifully fragranced and can be found in a range of colors including, pink, red, yellow, and white.

Medicinal Use:

It was once rumored Peonies calms spasms in the hands and feet, whooping cough, abdominal spasms, nervous twitches, spasms of the genitourinary tract, smooth muscle spasms; especially uterine cramping, angina, and migraine headaches.





The variety of topaz hues includes colorless, light blue, yellow, orange, pink, violet, brown, and red.

Myths:

Topaz is thought to have many benefits; The ancient Greeks believed that topaz gave them strength. From the 1300's to the 1600's, Europeans thought it could thwart magic spells and dispel anger. For centuries, many people in India have believed that topaz worn above the heart assures long life, beauty, and intelligence.

November Birthstone Topaz

Albert Einstein



Theoretical physicist, Einstein is best known for developing the theory of relativity, but he also made important contributions to the development of the theory of quantum mechanics. Relativity and quantum mechanics are together the two pillars of modern physics. His mass-energy equivalence formula $E = mc^2$, which arises from relativity theory, has been dubbed "the world's most famous equation". He received the 1921 Nobel Prize in Physics "for his services to theoretical physics, and especially for his discovery of the law of the photoelectric effect", a pivotal step in the development of quantum theory.

Dr. Carolyn Bertozzi



Carolyn Ruth Bertozzi is an American chemist and Nobel laureate, known for her wide-ranging work spanning both chemistry and biology. She coined the term "bioorthogonal chemistry" for chemical reactions compatible with living systems.